

## Our story so far!!



#### What is Sailability?

Sailability is a "not for profit" volunteer-based organisation which, through the activity of sailing, aims to enrich the lives of people with a disability, including those with higher support need

#### Our Objective

The objective of 'Sailability' is to provide the opportunity for PWD's to participate in an activity they may not otherwise have the opportunity to experience and/or enjoy. In addition, some may find they have sufficient interest and ability to join a structured training course resulting in recognised sailing certification.

#### Our Programs

Our Hong Kong based program is based on the British & Australian Sailability experiences and specifically seeks to enhance a persons sense of achievement; improve self-confidence & independence and to provide the opportunity to find a new interest which raises life skill levels.





#### Our journey 2009 - 2010

- A dedicated committee & volunteers take the Sailability project forward
- 4 students from The Nesbitt Centre are chosen to help us start Sailability and train on Mondays at HHYC
- Course Books and Personal Log-books for training are developed
- Sailability enters HHYC 24hr Dinghy Race for the first time as part of the Hebe Dragons team
- We have bi-lingual sailing instructors





#### **Our journey 2010 - 2011**

- We purchase our first 2 x 2.3 Access
   Dinghies
- Presentation to Rehabilitation
   Advisory Committee (RAC) November
   2010
- Official Open Day held at HHYC on 4<sup>th</sup>
  December 2010 attended by over
  100 people which included
  government bodies. We now have 5 x
  2.3 Access Dinghies!
- Trust established and charitable status gained April 2011





- First volunteer training day at HHYC –
   32 participants RYA lead
- Bi-lingual promotional leaflets printed
- Our first Access Dinghy race May 2011!!
- 2 x 2.3 Access dinghies compete in HHYC 24hr Charity Dinghy Race - 2011



## Sailability Hong Kong

- Weekday sail training courses undertaken with Sunniside, local schools and JCSRS
- 5 additional volunteer training days in 2012
- Our fleet is growing 6 x 2.3s and 2 x 303s
- Participation by Nesbitt Centre students in Sunset Challenge at HHYC May/June and September 2012
- First Saturday sailing course
   September 2012 4 weeks duration
   from 11am 4pm. 10 students and 8
   Access dinghies on the water.







- Sunday sailing courses for 24hr Charity Dinghy Race participants from the Children's Cancer Foundation, Enlighten for Epilepsy and Treats.
- 5 Access 2.3 dinghies in the 24hr
   Charity Dinghy Race with sailors from Children's Cancer Foundation,
   Enlighten for Epilepsy, JCSRS, The Nesbitt Centre, Shatin College & Treats
- November December second
   Saturday sailing course 6 week
   duration 12+ students





- New website launched www.sailability.org.hk
- Regular Saturday sailing courses restart
- Regatta Day for our Access Dinghies
- Sunset Sailing restarts
- Volunteer training days arranged
- JCSRS sail with us again
- Our fleet grows to 12 + a Safety boat
- We receive an invitation to the Asian Para Games in Korea to take place in October 2014
- We don't have any sailors with a physical disability and we don't have the right boats!!!!
- Our Saturday Sailors come 8<sup>th</sup> over all in the 24hr Dinghy Race





#### **Our Journey 2013 - 2014**

- We hold a recruitment evening to find our first sailors with a physical disability
- What boats do we need now for the Asian Para Games? 2.4mR's & 303's
- Victoria Lodge buy our fist 2.4mR
- We receive funding from OSC + 2.4mRs
- Training continues and we enter local regattas to find our best sailors
- October 2014 we win a bronze medal in the Asian Para Games in Korea - 2.4mR class
- Our Para Sailors come 3<sup>rd</sup> over all in the 24hr Dinghy Race
- A Caritas special school, Lok Kan and JCSRS join our courses and Saturday Sailing continues to grow
- Our fleet grows to 12 Hansa (formerly Access) dinghies, 4 x 2.4mRs & 2 safety boats







- We pass our 5 year RYA audit
- Saturday Sailing continues and we enter the HHYC Regatta
- Our fleet continues to grow even more 12
   Hansas, 6 x 2.4mRs and 2 safety boats
- We take part in the 2.4mR Worlds and attend a training clinic in the UK
- New sponsors come on board
- Caritas Lok Kan and JCSR School commence sailing again
- We are accepted as a recipient of the 2015 Operation Santa Claus Appeal
- 24hr Dinghy Race we win!!!!!
- We go to Melbourne in November our first Para Worlds Regatta!
- Invitation to participate in the INAS Inaugural international sailing championships for Sailors with an Intellectual Disability, in 2016
- FOO Yuen wins his category in the Spirit of HK
- We become a limited company by guarantee







#### Our Journey 2016 – 1000+ sailors in our program

- We are awarded \$871,000 from Operation Santa Claus.
- We appoint our Community Ambassador
- WAGS donate \$325,000 from a charity golf day
- We attend the INAS Regatta in Nowra, NSW and win 1<sup>st</sup> and 3<sup>rd</sup> place!!!!!
- Helly Hansen continue their support
- We have new trolleys for our boats
- A hoist for the centre boards
- Our volunteer bank is increasing Training Day
- Donations continue to be received
- HHYC Open day 142 new sailors try out our boats
- We enter HK Race Week
- 3 new schools join our program sailing 6 days per week from September 2016
- Para Worlds Medemblik
- Our three Liberty's arrive transition boats
- Barts Bash Hong Kong were 7<sup>th</sup> highest fund raiser in the world sailing with IDs and PDs in 303s and 2.4mRs
- Outrigger paddlers sailed round Lantau supported by Sailability volunteers to raise funds for Sailability
- 24hr Dinghy Race 6 x 303s on the water 4 of which sailed for the whole event.
- Sailability sailors won the Countess Cup
- Inspiring Hong Kong book released featuring FOO Yuen Wai
- 3 x 2.4mRs compete in the Round the Island race





- Funds received from Clyde & Co from a musical evening.
- Awarded funds from Sedan Chair Race to fund the training of the first sailors with a disability to become Assistant Instructors in HK.
- Special Needs School teacher training continues
- We are now part of the Sailing Development Committee and have a seat on the HKSF General Committee
- Paralympic Development Program (PDP) Clinic held in March. The first PDP to be held in Asia and Sailability & HHYC are the hosts! Singapore, Philippines, Thailand & Hong Kong sailors took part
- 6 x 2.4mR's take part in Hong Kong Race Week





- Hebe Haven Yacht Club Open Day 149 new sailors try out our boats.
- Sailability receives funds from the HHYC 2016 24hr Charity Dinghy Race. These will be used for entry fees into local Regattas and boat transport costs.
- June Para World Championships, Kiel Germany. Our 3 sailors finish 9<sup>th</sup> & 18<sup>th</sup> in the Hansa 303 Class and 31<sup>st</sup> in the 2.4mR class. We are improving our World rankings!
- July Royal Yachting Association (RYA) off UK grant us Accreditation. We are the first and only such Centre in Asia
- Funding for a new Hansa 303 has been awarded by the Hong Kong Golf & Tennis Academy







- Sailability suffers a huge amount of damage to equipment as a result of the T10 on August 23<sup>rd</sup>. Spares and new sails were rushed to us by Hansa for which we are very grateful. Our sailing programs were badly affected for some weeks.
- September Bart's Bash Charity Race event.
   We were one of 599 sailing venues taking part globally and we became the 3<sup>rd</sup> highest fund raiser. Our sailing achievements were brilliant and our sailors were ranked very highly in many disabled sailor categories.
- October The Peace Cup, Hiroshima, Japan, where we won a Bronze Medal in the single handed Hansa 303 Class. Another of our sailors in the same class won a special award for consistency throughout the race.









- October back from Japan and immediately into the HHYC 24 Hour Charity Dinghy Race with the Para team becoming overall winners! Our 2 other teams finished in 4<sup>th</sup> & 6<sup>th</sup> place so an outstanding performance. Two of our volunteers also won an award for volunteers of the event.
- New Hansa 303 donated by the Hong Kong Golf & Tennis Academy launched (HKGTA)
- November RHKYC Round the Island Race.
   One sailor achieves 7<sup>th</sup> place out of 230 entries in a 2.4mR. Not only that, he is someone who uses a wheelchair!
- Many of our sailors and volunteers take part in a Charity Cycle ride for the Perthes Association & Sailability Hong Kong – the event being inspired by one of our sailors (Jack Farmer) and his parents.





#### **Our Journey 2017**

- December ABC Southside Regatta. 7 of our 2.4mR's take part with 1 sailor coming 2<sup>nd</sup> from within all B Division entries.
- New Hansa 303 ('Hebe Heaven') donated by 2 members of HHYC and launched at HHYC.
- Matilda International Hospital agree to buy us another Hansa 303 as part of our boat replacement strategy. This will arrive in Hong Kong in January 2018 and be launched as part of their 110<sup>th</sup> year Anniversary celebrations.
- 8 Amputees join our sailing program and are being sponsored to learn to sail by the Amputee Association. New sailors from China and Macau were in this group.
- Para Sailing Program, Saturday Sailing, SEN schools sailing, Treats Programs together with Fun Days for Teachers & St James Settlement were also conducted as normal.

.....So we now close a very busy year!







- January New Hansa 303 'Matilda'
   Launched as part of the International
   Hospital's 110th Anniversary celebrations
- The Volvo Ocean Race comes to Hong Kong. Our sailors stay up most of the night to welcome 'Scallywag' into the harbour in first place. Our stall is damaged overnight by strong winds but with effort from many, rebuilt the next day!
- Mrs Carrie Lam, HK Chief Executive, visits our stall, meets our sailors and is presented with a Sailability 'T' Shirt and Pennant by one of our 2 founders – Mrs Kay Rawbone











- February Royal Hong Kong Yacht Club Race Week. 5 of our 2.4mR's entered for this 5 day 'Open' event, one suffering a broken mast on day 2
- Our Para Sailing Team and a Volunteer were nominated & shortlisted for an award by the RYA in the UK
- March the Sailors Awards night took place at which several of our sailors were presented with trophies & Certificates. During the same evening, Sailability was presented with a cheque which resulted from the HHYC 2017, 24 Hour Charity Dinghy Race





- March Our first 2018 Volunteer Training day was attended by 22 new Volunteers. Disability Awareness training, boat rigging, launching and recovery skills were covered during the day.
- 'Victoria II'. As the name implies, this is the second boat donated to us by Victoria Lodge, the first being a 2.4mR and named Victoria 1026. We now have 3 of these single handed boats which usefully serve to provide a 'Class' and a suitable transition boat before learning to sail the 2.4mR's





- April HHYC Open Day. A very hectic day with well over 1,500 members of the public present and 189 of them going for a sail in our Hansa boats!
- HKSF Festival of Sport 6 of our 2.4mR's entered this 2 day event hosted at HHYC
- May We hold a Mini-Paralympic
   Development Clinic with 4 Asian nations attending. Our thanks to World Sailing for sponsoring the event.
- HHYC Open Regatta Sailability enters 17 boats into the event with 23 sailors taking part in 3 classes of boat. This is the largest ever entry list for this or any other 2 day racing event in our 9 years



## Saillability

- June The Ladies Circle buy us 8 new waterproof I-Com VHF radios and 2 new Hansa 303 deck covers
- We organize and hold the first 'Set Sail' class for new sailors under the SHK / HKSF initiative.
- July We close most activities for 3 weeks annual maintenance and due to the heat
- 3 Sailors qualify as Assistant Instructors, the training being sponsored by the Sedan Chair Charity Trust
- We hold a 'Fun Day' for St James Settlement children
- Following the uneconomic cost of repair to our first Safety Boat, a new one arrives thanks to the generosity of The Round Table of Hong Kong





- September Typhoon Mangkhut strikes Hong Kong. XiWang, a Hansa 303 originally sponsored by the RHKYC Charitable Trust, is crushed by a falling tree and 2 of our 2.4mR's are damaged. A new boat Toby J-J was donated from monies raised at the Memorial Service for the late Toby Jenkyn-Jones, a Sailability supporter and Sailor, and long term HHYC member.
- Unable to find sponsorship from within Hong Kong, our sailors are sponsored by World Sailing & the RYA to enter the Para Worlds in Sheboygan, USA. Finishing 21<sup>st</sup> & 22<sup>nd</sup> overall, our sailors have improved their world rankings for the 4<sup>th</sup> consecutive year. Long may this continue!



## Sailability HONG KONG

## Sailability Hong Kong

- September 3 teams enter the HHYC 24 Hour Charity Dinghy Race. Our 2 Para team entries finish in 1<sup>st</sup> & 2<sup>nd</sup> place and our ID Sailors in 6<sup>th</sup>. A fantastic result. Our para sailors have now won the race 3 times out of the last 4.
- Bo Lee arranges 'Bond Night', a charity / fund raising event at RHKYC raising HK\$83,000
- October We travel to Hiroshima Japan to take part in the Hansa Open World Championships. 24 countries participate. Finishing 5<sup>th</sup> overall in the Hansa 303 single handed and 9<sup>th</sup> place in the Liberty class. Travelling with us and taking part in the Championships were 2 x ID sailors from Lok Yi School, another from the 'TREATS' charity and 2 of our own regular 'Saturday sailors'





- November The 24 Hour Charity Race Committee present us with a magnificent cheque for HK\$128,000 at a HHYC presentation event. The proceeds of the large sum collected were subsequently donated to the 7 beneficiary charities. We are now able to replace our storage shed as well as carry out other essential repairs and replacements within our fleet
- A new all time record is established with a total of 302 different sailors from Schools, NGO's and other charities sailing with us during the month







- December The first ever S.E. Asian Para Sailing Championships take place at HHYC. 10 Countries were due to take part but disappointingly 3 teams dropped out 2 days before the event. Stiff competition remained, particularly from Japan, Taiwan, Singapore & Macau. We win 2 gold medals at the event (2.4mR Class & the Hansa 303 Doubles) bringing our total of international medals to 6; these being 3 Gold & 3 Bronze
- Prize giving was undertaken by representatives of the Title Sponsor 'Team LoTech' and 3 senior representatives from the Hong Kong Olympics and Paralympics organisations













- December We close for the Christmas holidays and New Year celebrations on 16<sup>th</sup> December.
- It has been another successful year with an additional 2 international medals for Sailability sailors and a new record set in November for the highest number of sailors taking part in our programs in a single month. Our thanks go to our Instructors, Schools, NGO's, Charities, members of the public and of course: our volunteers who have helped us reach this milestone and without whom we could not operate.
- We now look forward to the coming new year which amongst other things will see us celebrate our 10<sup>th</sup> Anniversary on the 23<sup>rd</sup> November 2019......





#### Our 2019 Journey begins.....

January - Leisure & Cultural Services Department (LCSD)
Disability Awareness Course

- Kay Rawbone, acting in her capacity as our RYA
   Disability Awareness Trainer, coordinated activities
   for the 12 representatives from LCSD. Supported by
   the Sailability Instructors and Volunteers, the event
   included both indoor training sessions and outdoor
   activities; including the opportunity to rig, launch
   and sail in our Hansa 303's.
- Aimed at providing LCSD with a comprehensive understanding of our history, aims and objectives, the course represented the first time we had undertaken training for representatives of a HK Government department.









#### **Our 2019 Journey**

#### **February - RHKYC Race Week:**

 After 5 days of racing in differing weather conditions (not to mention 2 broken masts) our 2.4mR entries this year battled through to gain 3 podium finishes for Sailability Hong Kong.



#### **March** - XiWang II Launch

 We were delighted to welcome representatives from the RHKYC Charity Foundation to the launch of the new Hansa 303 - XiWang II (the name XiWang in English meaning 'Hope').





#### **Our 2019 Journey**

#### **March** - Sailors Awards Night

Over 200 sailors, members, family members and staff attended the 2018 awards presentations.

Para Sailor of the year: FOO Yuen Wai

ID Sailor of the Year: Simon Mountain

Most Improved Sailor: Leo Purdie

Volunteer of the Year: Chan Yuen Wah

School Award: Caritas Lok Yi

Sailing Achievement Awards were presented to: PUK Chi Yueng & FOO Yuen Wai for their performance at the Hansa World Open Championships held in Hiroshima, Japan.





#### Our 2019 Journey

#### **March** - HKSF Festival of Sport

 Well attended by all the Hong Kong Sailing Clubs and held at HHYC, Sailability entered 2.4mR's and Liberty's in the 'Open' Dinghy Division 11 and yes, they did well ......

#### May - HHYC Open Day

 Attended by 1,800 of the general public with 149 of these sailing in our Hansa fleet, another successful event for the Club. This day also saw the launch of the Sun Hung Kai (Scallywag)
 Foundation program

#### **Team Sheldon Open Regatta at HHYC**

Entering 2.4mR's & Liberty's, Sailability had a great turn out with both FOO Yuen Wai & PUK Chi Yeung coming in on equal points with FOO winning on count back. Chi Chian WU from Taiwan winning in the Liberty class.







#### **Our 2019 Journey**

#### May - Hong Kong Society for The Blind (HKSB) - Training Day

20 new sailors, carers, parents, volunteers, siblings & staff from **HKSB** joined us for a training day in preparation for them sailing later in the year with clients with visual impairment and multiple disabilities.





#### June - Para Worlds Spain

- 28 nations and 91 sailors took part this year, a reduced number but nevertheless a very competitive race series. Our 2.4mR sailors finished in 15<sup>th</sup> & 17<sup>th</sup> positions overall, the highest they have achieved in this class.
- World Sailing announces the inclusion of INAS (a global organisation supporting sports events for athletes with an intellectual disability), in international events.

#### **August - St James Settlement**

**19** children plus staff attended the fun day organized by Sailability Volunteers. A particular thank you to Jimmy NG for arranging the 4<sup>th</sup> such event.



## Saillability HONG KONG

#### **Our 2019 Journey**

#### **September - Bart's Bash & Scallywag Boat launch**

- 46 dinghies took part in the morning and 43 in the afternoon with 250 sailors participating in this annual race series at HHYC. The Bart's Bash event was also supported by Discovery Bay, Lantau Boat clubs, 6 J80's and the Ladies Helm & Crew Helm Races. A total of HK\$58, 800 was raised for Sailability Hong Kong a huge thank you to everyone who took part and gave so generously.
- We also took the opportunity to launch 3 new Hansa 303's generously donated by the Sun Hung Kai Foundation – named Star Fish, Sun Fish & Jelly Fish. These 3 boats sailed in the afternoon race. Senior representatives from Sun Hung Kai were in attendance at the launch / naming ceremony.
- Caritas Lok Yi School travel to Japan to participate in the Peace Cup with 4 of their students, parents and staff. Well done to you all.

















#### **Our 2019 Journey**

### October - American Women's Association (AWA) Boat Launch

Attended by 4 representatives from AWA, their boat was launched and named 'Anchors AWAy', an imaginative and clever name that! Very probably now the prettiest boat in the fleet, she was sailed in the 24 Hour race an hour after her launch, finishing in 9th place overall and 3rd in class.





#### 24 Hour Charity Dinghy Race

• A total of 9 Hansa 303's took part from a fleet of 36 entries. 3 teams were from Sailability and other entries were from Lok Yi School, TREATS (3 boats) Charity & Jockey Club Sarah Roe School and Sun Hung Kai. Well done to the Para Warriors team for finishing in 1st place overall for the 4th time. An amazing event with over HK\$1,000,000 being raised for the 5 supported charities.



#### **Our 2019 Journey**

#### October - Launch of the Golden Age Program

6 Golden Age sailors joined our Golden Age Team for a trial sailing day. We are hoping to do more of this in the future

Hong Society for the Blind enjoy their first day of sailing at HHYC. 20 new sailors were accompanied on the water by parents, siblings, carers and staff.

Scallywag program, Saturday Sailing, Schools'
program and Parent & Teacher Training continues and
boost our numbers of sailors each month. New schools
now sailing with us Tung Wah & Po Leung Kuk.

#### The Open International Sailing Championship

Committee decided to cancel this event due to the political situation in HK. We had 23+ teams showing an interest to attend – we are now focusing on 2023 for the Hansa Open World Championships in HK

**November - Jardine 'Mindset' first sail.** 14 new sailors from the MHA sailed with 10 volunteers from Jardines. Great day had by all.















## Sailability

#### **Our 2019 Journey**

Lutheran School for the Deaf – 12 new sailors (which included 5 young ladies) joined our Scallywag Program and went sailing for the first time. Will this be the start of Hong Kong's first Deaf Sailing team as it is now a category in World Sailing? We hope so, as there were some amazing first time sailors in this group.

**Arbitrators' Ball** – fund raising charity event in aid of Sailability, held at the Rosewood Hotel in TST. We look forward to knowing how much was raised.

November - 24 Hour Charity Dinghy Race Cheque Presentation. An amazing HK\$200,000 received on the night. Huge thank you to the organisers and those donating to the event. Trophie were also presented during the event.

#### Sailability 10<sup>th</sup> Anniversary – 23<sup>rd</sup> November 2019

Sadly, we have had to postpone the celebration. Postponed but not forgotten – as we look to re-arrange early in 2020. From 4 sailors in 2009 to over 2,500 in 2019!!!









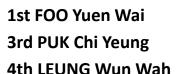
#### Our 2019 journey

### Sailability Hong Kong



#### ABC Southside Regatta - 30th November & 1st December

4 of our sailors entered this weekend's event. The 2.4mR's boats were competing in Division B against other classes. Overall results for the Division were:



Day 1 results represented the final results due to the abandonment of Day 2, due to lack of wind. Well done to all the sailors who took part and to the organisers (ABC) for their hospitality and the organisation of the event.



A thoroughly enjoyable morning sail was had by all followed by a Christmas Lunch for our regular Saturday Sailing Group. This group now break until 4th January 2020.

#### Hong Kong Society for the Blind with Multiple Disabilities -

20 sailors joined us for the second of 3 planned sessions. Our volunteers and Instructors were impressed with how this group coped as they were very enthusiastic and extremely positive about their second sailing day. Well done everyone! See you again in 2020.

















## Sailability

#### **Our 2019 Journey ends**

#### Sun Hung Kai (Scallywag) Foundation Sailing

Our end of year sailing programs finished with a flurry of activity with 5 days of sailing taking place during the last week of the year.

We saw 3 groups comprising of 15 sailors from the underrepresented youth of Hong Kong, complete their foundation course with Sailability during the week and hopefully many will convert this to an HKSF Level 1 & 2 with HHYC.





#### And our 2020 journey begins

Saturday Sailing started our new year of sailing with 12 sailors taking to the water. Good to see another 2 sailors sailing solo during the afternoon session. Great weather, sun and wind – hopefully a good omen for the coming year.

Jardines Mindset - our second sailing day with this enthusiastic group. Another 24 people from Jardines & Mindset, made up of sailors, helpers and volunteers joined our team for their first day of sailing. Many said they would like to come back again to join a course!









## Our Major Sponsors

































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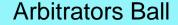






Victoria Lodge 1026











+ many personal donations - thank you!

## More Major Sponsors















































and many more personal donations - thank you all!



# Sailability Hong Kong Our vision

## 'Making Sailing Accessible to <u>Everyone</u>'